

Caring for OutPatients after Acute Kidney Injury Trial



This is a kidney research study to find out if a care team approach can improve outcomes after hospitalization with acute kidney injury (AKI).

Individuals who enroll in the study will be separated into two groups. **Group 1 receives a care team approach** from a group that includes a *nurse navigator*, *pharmacist*, and *nephrologist (kidney doctor)*, plus home blood pressure and weight monitoring devices. **Group 2 receives care that is current and typical for AKI (referred to as usual care).**

Participation is for up to one year after hospital discharge.

All participants will:

- have an equal chance of being allocated to either group; like a toss of a coin.
- be asked to complete: *questionnaires*, *medical history*, *blood pressure*, and *urine tests*. These will be done prior to discharge from the hospital, at 90 days, 6 months, and one year. Additionally, questionnaires will be done at 30 days.
- receive information about AKI and recommendations to receive care from the usual providers.

The *nurse navigator* will be the primary contact for participants in Group 1 and will work to improve communication with the team and your providers. You will have regular visits, either by telehealth (video or telephone) or in person with the *nurse navigator*, which are in addition to the other study visits.



1 Am I Eligible to Participate in COPE-AKI?

You may be eligible to participate in this research study if you had acute kidney injury (AKI) during your time in the hospital.

2 What is Acute Kidney Injury (AKI)?

- AKI is the sudden worsening of kidney function over hours to days and is a common problem in patients who are in the hospital.
- AKI causes a build up of waste products in your blood and makes it hard for your kidneys to keep the right balance of fluid in your body.
- After having AKI, your chances are higher for other serious health problems (such as kidney disease and heart failure), rehospitalization or having AKI again in the future.

3 Why Is It Important?

- In some cases, AKI can lead to more serious kidney problems that may lead to dialysis or the need for a kidney transplant.
- There is a critical need to study new approaches to managing AKI - if there is a better way to help patients manage this condition, we can positively impact those who experience AKI.

For more information, contact:

Contact info here

